

Health Curriculum Lesson Planning

Lesson Topic: Lesson 1 -- Gender Stereotypes

Grade: 3

When lesson will be taught: December

<p>Grade band standards from spreadsheet addressed in this lesson (bolded)</p>	<p>Second Grade:</p> <ul style="list-style-type: none"><input type="checkbox"/> People's understanding of their gender identity may change over the course of their lifetimes.<input type="checkbox"/> All societies and cultures have transgender individuals.<input type="checkbox"/> Understand that human beings can love people of the same gender and people of another gender. <p>Third Grade:</p> <ul style="list-style-type: none"><input type="checkbox"/> Define biological sex, gender identity, and gender expression.<input checked="" type="checkbox"/> Promote ways to show respect for all people.<input checked="" type="checkbox"/> Define gender roles and explain that gender roles can vary considerably.
<p>Students will know (content):</p>	<p>Definition of stereotyping in general. Examples of gender stereotyping.</p>
<p>Students will be able to (skills):</p>	<p>Reflect on personal assumptions and ideas about gender. Identify and explain gender stereotyping.</p>

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Understandings: Students will understand that...	Media is a powerful influencer of gender messages. Media can contribute to gender bias AND gender understanding. Gender identities are complex and dynamic. People do not have to be defined by the gender messages they receive from others, they can self identify. Stereotypes can be limiting.
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Lesson content:

- Do “imagining” activity for firefighter, doctor, hairdresser on paper/colored pencil as quick sketch (five minutes maximum to get some detail but not big art project)
- Share out -- notice gender messages, how many are women vs. men in our class drawings? Why do you think that is? How would this activity look different in other time periods or in other parts of the world?
- Show video clip [Redrawing the Balance](#) (from training) about kid stereotypes of “male” professions
- Discuss/share -- Introduce/define language of stereotyping. Ask -- how did you feel about your own images during and after you drew them? How can we be more aware of stereotypes and avoid them?
- Show video clip [Boys World, Girls World report](#) on gender stereotyping
- Discuss/share -- What are examples of stereotyping you have noticed in your life? How do you think kids can be more aware of stereotypes? What are the pros and cons of stereotypes?
- Bonus videos to show at later time as time allows on [Lego stereotyping](#)

How will we know that students grasp concepts and can demonstrate the skills?

Sharing and discussion during activities

Exit ticket:

- Write your definition of the idea of a stereotype.
- Give an example from your own life where you have noticed stereotyping. It could be from anywhere -- something that happened, something you saw or heard on media, something you read in a book, something you saw in a store, etc..
- Why is it important to be aware of gender stereotypes?