

Developing a Gender Identity Curriculum in the Primary Grades: Designing Proactive and Responsive Collaborations

Resource List for Students, Families, and Educators

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Resources for Students and Classroom Libraries

Jamie Is Jamie: A Book About Being Yourself and Playing Your Way, by Afsaneh Moradian (2018)

This book challenges gender stereotypes shows readers that playing is fundamental to learning, and reinforces the idea that all children need the freedom to play unencumbered. A special section for teachers, parents, and caregivers provides tips on how to make children's playtime learning time.

They She He Me: Free to Be!, by Maya Gonzalez (2017)

Pronouns serve as a familiar starting point for kids and grown-ups to expand ideas about gender and celebrate personal expression with fun imagery that provides a place to meet and play.

Call Me Tree / Llamame arbol (English and Spanish Edition), by Maya Christina Gonzalez (2014)

An empowering story about belonging, connecting with nature, and becoming your fullest self.

Neither, by Airlie (2018)

In this colorful and touching story that celebrates what makes each of us unique, a little creature that's not quite a bird and not quite a bunny--it's "neither"--searches for a place to fit in.

The Gender Wheel: A Story about Bodies and Gender for Every Body, by Maya Gonzalez (2018)

All I Want To Be Is Me, by Phyllis Rothblatt (2011)

"All I Want To Be Is Me" is a beautifully illustrated children's book reflecting the diverse ways that young children experience and express their gender. The book gives voice to the feelings of children who don't fit into narrow gender stereotypes, and who just want to be free to be themselves.

A House for Everyone: A Story to Help Children Learn about Gender Identity and Gender Expression, by Jo Hirst (2018)

A very simple story that challenges gender stereotypes and shows 4 to 8-year-olds that it is OK to be yourself. An engaging story that is more than just an educational tool; this book will assist parents and teachers in giving children the space to explore the full spectrum of gender diversity and will show children the many ways they can express their gender in a truly positive light.

Introducing Teddy: A gentle story about gender and friendship, by Jessica Walton (2016)

Introducing Teddy introduces the youngest readers to understanding gender identity and transition in an accessible and heart-warming story about being true to yourself and being a good friend.

Pink Is for Boys, by Robb Pearlman (2018)

This timely and beautiful picture book rethinks and reframes the stereotypical blue/pink gender binary and empowers kids--and their grown-ups--to express themselves in every color of the rainbow.

Sparkle Boy, by Leslea Newman (2017)

Here is a sweet, heartwarming story about acceptance, respect, and the freedom to be yourself in a world where any gender expression should be celebrated.

Morris Micklewhite and the Tangerine Dress, by (2014)

With warm, dreamy illustrations, Isabelle Malenfant perfectly captures Morris's vulnerability and the vibrancy of his imagination.

Annie's Plaid Shirt, by Stacy B. Davids (2015)

Themes of gender norms, identity, individuality, tolerance, and self-esteem.

I Am Jazz, by Jessica Herthel (2014)

The story of a transgender child based on the real-life experience of Jazz Jennings, who has become a spokesperson for transkids everywhere.

Jacob's New Dress, by Sarah Hoffman (2014)

This heartwarming story speaks to the unique challenges faced by boys who don't identify with traditional gender roles.

The Gender Identity Workbook for Kids: A Guide to Exploring Who You Are, by Kelly Storck, LCSW (2018)

No child experiences gender in a vacuum, and children don't just transition—families do. Let this workbook guide you and your child on this important journey in their lives.

The Different Dragon, by Jennifer Bryan (2011)

Early Elementary teachers use *The Different Dragon* to teach students about the joy of telling stories, the value of being true to oneself, and the problem with stereotypes--- even of dragons.

Red: A Crayon's Story, by Michael Hall (2015)

This book is about being true to your inner self and following your own path despite obstacles that may come your way.

Julián Is a Mermaid, by Jessica Love (2018)

Jessica Love's author-illustrator debut is a jubilant picture of self-love and a radiant celebration of individuality.

George, by Alex Gino (2015)

George thinks she'll have to keep this a secret forever. Then her teacher announces that their class play is going to be *Charlotte's Web*. George really, really, REALLY wants to play Charlotte. But the teacher says she can't even try out for the part . . . because she's a boy.

One of A Kind, Like Me / Único como yo (English and Spanish Edition), by Laurin Mayeno (2016)

This is a unique book that lifts up children who don't fit gender stereotypes and reflects the power of a loving and supportive community.

The Boy & the Bindi, by Vivek Shraya (2016)

Beautifully illustrated by Rajni Perera, *The Boy & the Bindi* is a joyful celebration of gender and cultural difference.

Stacey's Not a Girl, by Colt Keo-Meier (2017)

This is a book that takes the reader on a gender journey with Stacey who does not feel like a girl, but is not so sure they are a boy either. This book introduces the ideas of gender beyond the binary and makes space for the "not knowing".

Hello, My Name Is Octicorn, by Kevin Dillar (2016)

Meet Octicorn, the funny, sweet, and disarming character who is a champion for anyone who has ever felt a little bit different. And isn't that everyone?

B In the World, by Sharon Mentyka (2014)

It explores themes of inclusion and difference in a fun and readable way about a gender fluid child exploring his female side and struggling with what it means.

Tell Me About Sex Grandma (Ordinary Terrible Things), by Anastasia Higginbotham (2017)

Patently forthcoming with lessons your parents redacted, this necessary conversation stresses

consent, sex positivity, and the right to be curious about your body. The dialogue focuses on the dynamics of sex, rather than the mechanics, as Grandma reminds readers that sex is not marriage or reproduction, and doesn't look the same for everyone. Instead, each person's sexuality is their very own to discover, explore, and share if they choose.

Resources for Caregivers and Families

Books

Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children, by Diane Ehrensaft, Ph.D. (2011)

Dr. Ehrensaft offers guidance on both the philosophical dilemmas and the practical, daily concerns of working with children who don't fit a "typical" gender mold. She looks at outmoded approaches to gender nonconformity that may actually do children harm and offers a new framework for helping each child become their own unique, most gender-authentic person.

The Becoming an Ally to the Gender-Expansive Child: A Guide for Parents and Carers, by Anna Bianchi (2017)

For anyone eager to understand their child's gender experience, or to learn how best to accept, support and protect them, this book will provide knowledge, reassurance and the confidence to do so.

Becoming Nicole: The Transformation of an American Family, by Amy Ellis Nutt (2015)

Becoming Nicole will resonate with anyone who's ever raised a child, felt at odds with society's conventions and norms, or had to embrace life when it plays out unexpectedly. It's a story of standing up for your beliefs and yourself—and it will inspire all of us to do the same.

Raising My Rainbow: Adventures in Raising a Fabulous, Gender Creative Son, by Lori Duron (2013)

Raising My Rainbow is Lori Duron's frank, heartfelt, and brutally funny account of her and her family's adventures of distress and happiness raising a gender-creative son.

Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children, by Rachel Pepper (2012)

Sharing stories of love, struggle, and acceptance, this collection of mother's voices, representing a diversity of backgrounds and sexual orientations, affirms the experience of those who have raised and are currently raising transgender and gender variant children between the ages of 5-50.

Websites

Raising my Rainbow

raisingmyrainbow.com

Mother's blog on raising a gender creative child in Southern California.

The Maven of Mayhem

www.themavenofmayhem.com

Canadian mom who helped with Canadian legislation to recognize gender diverse youth.

Raising Ryland

www.raisingryland.com

TransFamilies

www.transfamilies.org

TransFamilies inspires hope, increases understanding, and creates a visible pathway to support trans and gender-diverse children and all those who touch their lives.

Resources for Educators and Administrators

Books

The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes, by Diane Ehrensaft, Ph.D. (2016)

Dr. Ehrensaft explains the interconnected effects of biology, nurture, and culture to explore why gender can be *fluid*, rather than binary.

The Transgender Child: A Handbook for Families and Professionals, by Stephanie A. Brill (2008)

This comprehensive first of its kind guidebook explores the unique challenges that thousands of families face every day raising their children in every city and state. Through extensive research and interviews, the authors cover gender variance from birth through college.

The Gender Affirmative Model: An Interdisciplinary Approach to Supporting Transgender and Gender Expansive Children (Perspectives on Sexual Orientation and Diversity) 1st Edition, by Colt Keo-Meier and Diane Ehrensaft (2018)

Readers will learn how to facilitate and enable children to live in their authentic gender with necessary social supports.

Rethinking Sexism, Gender, and Sexuality, by Rethinking Schools (2016)

This book is filled with stories about practical ways to include LGBTQ content in curriculum, make it a part of an approach to social justice, and create classrooms and schools that nurture all children and their families.

From the Dress-Up Corner to the Senior Prom: Navigating Gender and Sexuality Diversity in PreK-12 Schools, by Jennifer Bryan (2012)

The book features thoughtful questions, models of dialogue, accessible lesson plans, and many pedagogical strategies.

Film

Creating Gender Inclusive Schools

www.newday.com

This film, directed by award-winning filmmaker Jonathan Skurnik of The Youth and Gender Media Project, takes you into the heart of Gender Spectrum's work with elementary schools. The film is ideal for anyone who wants to understand some of the ways gender is discussed in classrooms, including parents, school district administrators, principals, teachers, counselors and school staff members, because it demonstrates that creating an inclusive environment for all children, regardless of where they fall on the spectrum of Gender identity and expression, is achievable and fun.

Organizations

Team Finch Consultants: Gender and Sexuality Diversity Training for Schools

www.Teamfinchconsultants.com

Human Rights Campaign Foundation's Welcoming Schools Program

www.welcomingschools.org

HRC Foundation's Welcoming Schools is the nation's premier professional development program providing training and resources to elementary school educators to welcome diverse families, create LGBTQ and gender inclusive schools, prevent bias-based bullying, and support transgender and non-binary students.

Gender Spectrum

www.genderspectrum.org

Gender Spectrum helps to create gender sensitive and inclusive environments for all children and teens.

Gender Odyssey

www.genderodyssey.org

Interested in the thoughtful exploration of gender and provides an environment where people of all genders can share their experiences and learn from the experiences of others.

Gender Diversity

www.gendiversity.org

Gender Diversity increases the awareness and understanding of the wide range of gender diversity in children, adolescents, and adults by providing family support, building community, increasing societal awareness, and improving the well-being for people of all gender identities and expressions.

Children's National Medical Center's Gender and Sexuality Psychosocial Programs

www.childrensnational.org/gendervariance

Washington D.C. based organization that offers online parent guide, an outreach program, a local support group, a national Listserv, a summer camp, and an outpatient clinical program.

TransYouth Family Allies

www.imatyfa.org

A national organization empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

Gender Diversity and Suicide Prevention

Trevor Project <http://www.thetrevorproject.org/pages/get-help-now>

Trevor Project's Trevor Lifeline at 866-488-7386 (24 hours a day, seven days a week)

GLSEN Safe schools

www.glsen.org/policy/federal/national-safe-schools-partnership

www.glsen.org/article/dept-ed-title-ix-protects-trans-students

Leading national education organization focused on ensuring safe schools for all students.

GLAAD

www.glaad.org/reference/transgender

National organization that works on the representation of LGBTQ people in the media.

Rethinking Schools Teaching about gender diversity and inclusion

www.rethinkingschools.org/archive/26_01/26_01_tempel.shtml

WPATH

www.wpath.org

World Professional Association for Transgender Health

International organization focuses on the understanding and treatment of gender identity disorders.

TSER (Trans Student Educational Resources)

www.transtudent.org

A youth-based organization which seeks to educate about gender diversity and inclusion and transform educational settings for gender diverse youth. Great infographics.

Teaching Tolerance

www.tolerance.org

Resources for Developing a Gender Identity Curriculum

National Sexuality Education Standards--Future of Sex Education

www.futureofsexed.org

The goal of the National Sexuality Education Standards: Core Content and Skills, K-12 is to provide clear, consistent and straightforward guidance on the essential minimum, core content for sexuality education that is developmentally and age-appropriate for students in grades K-12.

Answer

Answer.rutgers.edu

Answer is a national organization that provides and promotes unfettered access to comprehensive sexuality education for young people and the adults who teach them.

SIECUS

siecus.org

Sexuality Information and Educator Council of the United States

Advocates for Youth

advocatesforyouth.org

Advocates for Youth has worked to ensure that all young people's rights are respected and that they have the tools they need to protect themselves from STIs, HIV, and unintended pregnancy.

Rights.Respect.Responsibility

3rs.org

Rights, Respect, Responsibility is a curriculum that fully meets the National Sexuality Education Standards. The curriculum seeks to address both the functional knowledge related to sexuality and the specific skills necessary to adopt healthy behaviors. Rights, Respect, Responsibility reflects the tenets of social learning theory, social cognitive theory and the social-ecological model of prevention.

Amaze

amaze.org

AMAZE takes the awkward out of sex education. Real information in fun, animated videos that give all the answers youth actually want to know about sex, bodies, and relationships.

Our Whole Lives (OWL)

www.uua.org

A comprehensive, lifespan sexuality education curricula for use in both secular settings and faith communities.

Washington State Early Learning and Development Guidelines (2012)

Washington State Health Education K-12 Learning Standards (2016)

The American Association of Health Education

www.aahperd.org/aahe

The American School Health Association

www.ashaweb.org

The National Education Association--Health Information Network

www.neahin.org

The Society of State Leaders of Health and Physical Education

www.thesociety.org