



Developmental Health Curriculum: Self-Identity Learning Standards

Kindergarten	First Grade	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Understand that human beings can love people of the same gender and people of another gender.	Understand that human beings can love people of the same gender and people of another gender.	People’s understanding of their gender identity may change over the course of their lifetimes.	Define gender roles and explain that gender roles can vary considerably.	Identify how friends and family can influence ideas regarding gender roles, identity, and expression.	Describe how media, society, and culture can influence ideas regarding gender roles, identity, and expression.
Understand there are many ways to express gender.	Explain that there are many ways to express gender.	All societies and cultures have transgender individuals.	Promote ways to show respect for all people.	Identify trusted adults to ask questions about gender identity and sexual orientation.	Promote ways to show respect for all people.
Demonstrate ways to show respect for all people.	Demonstrate ways to show respect for all people.	Understand that human beings can love people of the same gender and people of another gender	Define biological sex, gender identity, and gender expression.	Promote ways to show respect for all people.	Identify trusted adults to ask questions about gender identity and sexual orientation.
	Recognize the difference between gender identity, gender expression, and biological sex.	Understand there is a range of gender roles and expression.		Define sexual orientation.	Distinguish between biological sex, gender identity, gender expression, and sexual orientation.
		Promote ways to show respect for all people.		Distinguish between biological sex, gender identity, gender expression, and sexual orientation.	
		Define biological sex, gender identity, and gender expression.			

These standards were adopted in accordance with guidelines provided by Future of Sex Education Initiative. (2012). National Sexuality Education Standards: Core Content and Skills, K-12 [a special publication of the Journal of School Health], SIECUS (Sexuality Information and Education Council of the United States) Guidelines, and Washington State Health Education K-12 Learning Standards (2016). Additional standards in Evergreen’s Developmental Health Curriculum include Anatomy, Physiology, Reproduction, and Pregnancy; Growth and Development; Prevention; Healthy Relationships; Washington State Laws.

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