

HOMework RESOURCES FOR EDUCATORS

Challenge Success offers the following suggestions and resources to help identify next steps and build consensus for policy and practice changes around homework.

- Read Chapter 3, The Homework Dilemma, in the Challenge Success book, [Overloaded and Underprepared: Strategies for Stronger Schools and Healthy, Successful Kids](#).
- Download the Challenge Success whitepaper: [Changing the Conversation about Homework](#). Share this publication with various stakeholders in the community to begin the dialogue about homework. This paper offers an overview of homework research and includes tips and citations for further reading.
- Provide a parent education workshop for parents about their role with homework. Click [here](#) to learn more about the *Parents and Homework: What is Your Role?* presentation.
- View our [vodcast](#) detailing how two schools changed their homework policies.
- Consider trying these homework strategies at your school:
 - Examine your own homework assignments using the Challenge Success cover sheet to assess each of the areas identified in the workshop
 - Staple the cover sheet to homework assignments for feedback from students about the different areas
 - Host an “in class” homework campaign and allow students to complete assignments in class to see how much time it takes them to complete
 - Have students keep a homework log or diary for a period of time
 - Consider providing no homework weekends and vacations
 - Provide an opt-in or opt-out of homework option
 - Poll students as to what they actually learn from the homework
 - Offer no-homework electives
 - Teach a unit with no homework and compare the assessment results with previous years
 - Provide voice and choice for homework assignments
- Use both pages of our [time management and scheduling tool](#) to help students plan their course load each semester. The tool allows students to enter total homework time for all of their proposed courses, along with estimated time for extracurriculars and other activities, including sleep. Page two must be developed with input from students, faculty, and administrators to ensure a more balanced student schedule.
- Host a Shadow Day. The exercise allows teachers to experience homework from the students’ perspective. Full protocol available in our [book](#).
- Conduct student fishbowls on various topics (stress, homework, school climate) and learn from students about their perceptions. Fishbowl directions and sample questions are included in our [book](#).
- [Student and Parent Surveys](#) - The *Challenge Success-Stanford Surveys of School Experiences* are designed to help schools make data-driven decisions that improve student well-being and engagement with learning.
- [School Program](#) - Site-Specific School Reform – Bring a team of educators, parents, and students to our conferences to hear the latest research on best practices and to learn from each other how to bring about lasting change. Schools work with our coaches to improve daily schedules, change homework policies, implement relevant and hands-on lessons, and create a caring climate.