Building Bridges for Change by Blending SEL & Academics

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Who Are We?

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Our Mission

Educating a community of change makers
Educating Change Makers
EQ Check In

Who & How Are You?

Who are you?
What do you hope to get out of this workshop?
If you were a bridge, what would you be?
TRIFOLD ACTIVITY

Current Challenge: Describe thoughts, feelings and actions

What bridges do you need to create?

Future Vision: Describe thoughts, feelings and actions
TRIFOLD ACTIVITY DEBRIEF

1. What are some bridges that you would like to create?
2. Why are those bridges important?
3. How is the process of change similar to the process of learning?
4. Do some of your bridges mirror either process of change or learning?
The 6 Seconds learning cycle

- Three phases emphasize that learning (and change) require numerous iterations
- The “red lines” are the emotional transitions required to accelerate change
- Emotional transitions are essential for learning; emotional connections influence perception, motivation, memory, etc.
INTEGRATING SEL & ACADEMICS AT SYNAPSE

- **Environment**
  - Norms and expectations, relationships

- **Process**
  - Project-based learning, self-science classes, parent education

- **Ownership**
  - Goal setting and self-evaluation
What's Your Next Step?

What steps will you take to bridge SEL and Academics?
Thank You!

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