EXPRESS CAFÉ PROPOSAL REQUIREMENTS

**Each person can submit a maximum of two Express Café proposals.**

- Café title (15 words maximum)
- Choose a Café focus
  - Art, Crafts, and Creating
  - Current Events
  - Community and Belonging
  - Culture and Identity
  - Civil and Human Rights
  - Food and Family
  - Health and Well-Being
  - Religion and Spirituality
  - Sound and Movement
  - Tech Know-How
  - Other
- Café description (25-50 words maximum)
- Does your proposal involve a demonstration or activity of some kind? If so, describe here: